

Issue no: 397- Sept 2025

County News

Image: Waterfall at Ashgill, Alston

The Cumbria-Cumberland Federation of Women's Institutes

CCFWI, WI Office, 12a Clifford Court, Carlisle CA3 0JG

Visitors/Phone enquiries: Wednesday/Thursday 10.00am to 1.00pm Tel: 01228 521774

Website: cumbria-cumberland.thewi.org.uk/

 Facebook.com/CCFWI/

Chairman: Kathleen Bowron

Treasurer: Ann Kirkpatrick

Federation Secretary and Editor: Lesley Porter

Email: ccfsecretary@ccfwi.co.uk

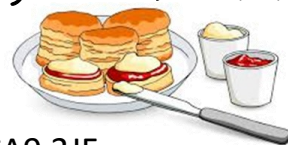
Enclosures this month: 2024/25 Year Book updates; 1st + 2nd qtr subs returns form; Annual Report Form; Calendar order form; ACM lunch booking form; ACM Delegate expense form; Printing flyer. **TO ALL SECRETARIES—** Please distribute/display accordingly and if any enclosures are missing, please contact the Secretary at WI Office

Changes to Office Hours:

W/c 29/9/25 = office will be closed

THE MAIN EVENT

Federation Coffee Mornings - Only £5 p/p -
2 Events coming up:



Event code: TB-CM3

Venue: Alston Masonic Hall, CA9 3JF

Date/Time: Sat 13th Sept 2025 - 10am-12 noon

With final draw for current 200 club tickets

Also:

Event code: TB-CM4

***Venue:** Bootle Station, Millom LA19 5UY

Date/Time: Sat 1st Nov 2025 - 10am-12 noon

***Please note this is a change of location to previously advertised.**

Come and meet your Trustees, serving delicious home baked scones, traybakes and teas and coffees. No need to book we just need you to turn up, pay on the day!



Check out the news on
our new Loyalty Card
Scheme on pg 4

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DEADLINE FOR SUBMISSIONS FOR ISSUE no. 398 - 18th Sept

A LETTER FROM YOUR COUNTY CHAIRMAN

Dear Members

I hope you have all been able to enjoy the wonderful weather we have had over the summer, although I know our gardens and the farmers would appreciate some rain. During the summer I was delighted to visit Embleton to give out some outstanding long service certificates and at the same time I was able to add Line Dancing to my repertoire, thank you ladies.

It never fails to amaze me how quickly the evenings get shorter at this time of year but it is a sign that autumn will soon be upon us and the start of our winter programmes.

Our first event is the Trustees Coffee morning at Alston, on Saturday 13th September 10am until 12 noon. We hope to see lots of you there for delicious scones, traybakes and as much tea or coffee as you want. We will be issuing loyalty cards there which you can have initialled at any Federation event and work towards a free Coffee Morning.

We are currently planning for the Annual Council Meeting taking place on Weds 22nd October. There will be a little less formality, plenty of chat time, particularly over lunch together with entertaining speakers and a musical finale. See pg 6 for more info.

Kathleen Bowron

OTHER NEWS FROM THE BOARD OF TRUSTEES

⇒ NOMINATIONS FOR BOARD OF TRUSTEES

Thank you to the 5 W.I.s who sent in nominations for the Board of Trustees. No new names were forthcoming, all existing members were nominated and therefore there is no need for an election.

⇒ AN APOLOGY

We have recently found out that any messages left on the office phone answer machine haven't been getting through to us, this is up to the 13th August. The problem has now been resolved but we apologise for any difficulties this may have caused you.

⇒ LONG SERVICE AWARDS - ADDITIONAL 80+

In addition to our note last issue we are now offering certificates to those of you have managed the remarkable 80+ years of WI membership. We will be presenting the long service certificates at the Annual Council Meeting so if you haven't already done so please can you let Lesley have the names of all ladies who have been members for 30+, 40+, 50+, 60+, 70+ and now 80+ years that either haven't had a certificate yet, or who have moved up in the number of years categories.

To allow for the above change all names now need to be received by 30th September please.

⇒ ADDITIONAL OFFICE SERVICES

Printing: We can now offer competitive prices on basic printing jobs. Please see the flyer emailed to your Secretary for more info on the sort of jobs we can offer.

WI Programmes: If you would like to have your programmes uploaded to our website we can now do this for you. You will need to send me them via e-mail as I need an electronic copy, ideally as a single sheet, and without personal contact details, i.e. without your secretary/treasurer phone numbers, on them.



NEWS FROM YOUR SUB-COMMITTEES

ARTS, CRAFTS & LEISURE - Chairman: Mandy Henderson

The Games Day on the 19th July seemed to go down well and going on feedback this is likely to become an annual event. The crochet taster day on 23rd September has a full class. We have the federation quizzes on the 6th November so please get booked on for one or the other. On a sad note, we have had to make the decision to cancel the Thursford Trip. Whilst we had bookings, there weren't enough to make the minimum we needed.

EDUCATION & PUBLIC AFFAIRS - Chairman: Jennifer Baker

The Quizzical Walk was very interesting and all who participated really enjoyed it, thank you to Kris Longshaw for arranging it. Things are a bit quieter to the end of the year but we're already looking at events for 2026 so if anyone has any suggestions please feel free to email them to Lesley at the office.

MEMBERSHIP SUPPORT - Chairman: Dawn Eyre

Treasurers Update + Social - Tues 28th October in the Carlisle Office 13:30 to 15:30.

Susan Grave and Jennifer Baker (our in house Auditors) will also be there to give you any help/information you need.

If you have any specific areas you would like help with let us know and we will be able to prepare. See our Featured Federation Events for contact info etc. We look forward to seeing you all (there will of course be treats on offer).

AND FROM OUR CLIMATE AMBASSADOR: Anne Baird

Fairtrade Fortnight runs from September 22nd to October 5th this year. Join in local events & don't forget to 'Do it Fair'.



NFWI are beginning a Fair Green Future Climate Campaign to listen & discuss with members & communities how Climate Change affects us & what can be done.

The Campaign recognizes that Climate change - flooding, high temperatures & utility bills, affects people differently & unfairly, and encourages all of us to have a voice in climate decision- making -leading to better outcomes. My WI has a Factsheet, Discussion Guide, Video & Questionnaire which can be used at meetings & events/at home. The Questionnaire is available until October 5th 2025 - please fill it in if you can & discuss at your meetings <https://mywi.thewi.org.uk/welcome-to-my-wi>

A Speaker opportunity this fits with our Climate Ambassador's 'Fair Green Future Climate Campaign' - Futureproof Cumbria offers Free Home Energy Support, Cumbria wide, to a wide range of eligibility. To learn more about our services, what advice we can offer, a walkthrough of what a free home visit looks like, the energy-saving equipment we can provide, and grants and financial support available, please email Erin on erin.annison@futureproofcumbria.org.uk to organise a speaker to attend your meeting. Be the link that connects your community to warmer homes, lower bills, and a greener future.

FEDERATION EVENTS DIARY

This is a summary of our planned events. To help you:

CN issue; Latest Month of the County News which has event information, including the event organiser/lead and their contact details. **Closing Dates** are colour coded: **running out of time/spaces;** **deadline/capacity approaching so need to book ASAP;** **time/spaces available** Code: N/A = Not applicable or none given



We're starting a loyalty card scheme!

Attend a Federation Event, get your card marked and once your card is full it entitles you to attend one of our Coffee Mornings for free. Any events that come onto the diary will be valid, that even means the Annual Council Meeting.

Cards will be available at all our events.

| Date/Time | Event | CN issue | Venue | Cost | Code | Closing date |
|-------------------------------|---------------------------------------|-------------|--|--------------|--------------------|---------------------|
| Sept 2025 | | | | | | |
| 13th: 10-12 | Federation Coffee Morning - Alston WI | N/A | Alston Masonic Hall CA9 3JF | £5 | TB-CM3 | Just Turn Up |
| 23rd: 10-3pm | Learn to Crochet | June | WI office CA3 0JG | £5 | ACL-LC | Fully Booked |
| October 2025 | | | | | | |
| 22nd: 10-3:45 approx | Annual Council Meeting | Sept | Green Hill Hotel, Wigton | £10 | TB-ACM | See info |
| 28th : 1:30-3:30pm | Treasurers Update Social | Sept | WI office CA3 0JG | £5 | MS-TU | 21/10/25 |
| Nov 2025 | | | | | | |
| 1st: 10-12 | Federation Coffee Morning - Bootle | N/A | Bootle Station, Millom LA19 5UY | £5 | TB-CM4 | Just Turn Up |
| 6th: 7:00 | Quiz Nights x 2 locations | Sept | Dalston, CA5 7QB Lamplugh, CA14 4SF | £20/ team | EPA-QND EPA-QNL | 24/10/25 |
| Dec 2025 | | | | | | |
| 6th: 2:00pm | Carol Service | Sept | Egremont CA22 2AW | N/A | TB-CS | Just turn up |



Special dates in Sept

Tues 16th - WI Day - 110th Birthday
Fri 26th - 12th Oct - British Food Fortnight
Mon 29th - World Heart Day



FEATURED FEDERATION EVENTS + NEWS

If paying by cheque: Make payable to CCFWI and send to the event lead (unless directed otherwise). Or save postage and **pay by BACS** using the event code as reference **Bank a/c name:** Cumberland Federation of Womens Institutes **A/C no.:** 40185149 **Sort code:** 82 43 03 *Please contact event lead prior to paying to check a place is available, email may be best in case of holidays etc.*

⇒ FUN & GAMES DAY 2025

Thank you to the eight WI's, from as far as Santon Bridge, who joined us at Rosley Village Hall for our first Games Day since "Covid". The 10 teams worked their way through 10 games with lots of laughter and cheers throughout the day - especially when a shuttle cock landed in the bucket! The



Winners were Dalston WI, 2nd

Caldbeck 'A' Team and 3rd Santon Bridge 'A' Team. Well done Ladies!! Thank you to the AC & L committee and helpers for their time and help. We will be looking to have another next year - not necessarily the same format!



Overall winners - Dalston WI

⇒ Treasurers Update Social - Tues 28th Oct -Event Code: MS-TU

Time: 1:30 - 3:30pm **Venue:** WI Office, CA3 0JG **Cost:** £5pp - payable by your WI - You can pay on the day - includes treats/refreshments

Contact for bookings: Dawn Eyre **email:** deyre67@gmail.com or **phone:** 016973 61851

This is for all Treasurers either new or experienced to please come along and share your good and not so good experiences/problems with each other. This also applies to anyone who is thinking of taking on the role and would like to know more.

This is an informal event so please come along, it's a good chance to talk to other treasurers about how they go about the job.

⇒ Quiz Nights - Thurs 6th Nov - 2 venues - Dalston or Lamplugh

Event Codes: Dalston - EPA-QND or Lamplugh - EPA-QNL. **Time:** 7:00 for 7:30 start

To book: Mandy Henderson **Tel:** 078635 50266 or **Email:** cumdivockwi@hotmail.co.uk

Teams of 4 at £20 per team. Deadline for booking: 20th Oct 2025 - Teas and coffees will be provided but bring your own supper... I've heard some of you really put on a spread, with candelabras no less!

⇒ Federation Carol Service - Sat 6th Dec -

Event Code: TB-CS -No need to book **Venue:** St. Mary's and St. Michael's Church, Egremont, CA22 2AW **Time:** 2:00pm
A lovely event to round off this year. Refreshments will be available. Please come and support this event.



FEDERATION EVENTS NEWS

⇒ ACM - 22nd Oct - Greenhill Hotel, Wigton, CA7 8LS

Below are some details for our forthcoming Annual Meeting. We have listened to comments from last year and we are going for a more informal style this year. We'll obviously have the official business but that should be a lot shorter. All seating will be at tables and lunch, if ordered, will be taken there.

Timings are approx. and subject to change.

9:30 - Registration and visitors desk open

9:30-10:00 - Chairmans challenge entries to be in place

10:30-11:00 - Reports

11:05-11:15 - Proposals

11:15-11:45 - 1st Speaker

12:00-13:30 - Lunch - N.B. 12:30 Chairmans challenge winner tallied

13:45-14:45 - 2nd Speaker

14:50-15:15 - Awards and Raffles

Finale - Musical entertainment from The Dundraw Madrigals



Entry Fee: for non-delegates is £10 to include Tea/coffee and biscuits. Delegates are free.

Lunch: Available for £10p/p - includes Cream of Vegetable soup and a variety of sandwiches served buffet style. This needs to be booked and paid for in advance. A booking form will be posted and emailed to your club secretary - please try and complete as a WI rather than individuals.

Chairman's Challenge: Anything beginning with a 'C' - Last year there was a great showing so we're hoping for better this time! You can vote for your favourite items by placing a silver coin next to the entry. The winner will be the one with the most coins (not monetary value). There will be time for everyone to peruse the items before the start of the meeting, during the morning and just before lunch so everyone should have more time.

Sales: Calendars and other items will be available to collect/buy and there will be the usual raffles etc.

OPPORTUNITIES

⇒ Jobs in hospitality

Lake District Hotels Association have a campaign to recruit older, part time staff, and wondered if you might share this with your members please. There's a recruitment day in October, details here <https://www.eventbrite.co.uk/e/discover-new-opportunities-at-any-age-tickets-1414312519819>

⇒ Free Group visits - Titans of Steam Gala - 20th Sept to 5th Oct

For info: [Hopetown - Titans of Steam](#) Hopetown Darlington will be front and centre of the festival as the home of the modern railway plays host to a thunderous gathering of iconic steam legends. Standing proudly side by side, each locomotive is a roaring monument to Britain's engineering might. On selected dates your group can enjoy a bespoke visit to the Titans of Steam Gala which also includes a visit to the **STEAM to the Future** exhibition for free. **To book/query email:** hopetown@darlington.gov.uk

NEWS FROM YOUR WI'S

If you want to show us what you've been up to, send a good picture (ideally named and in landscape) and a few words to the Editors email. Or If you want to advertise a forthcoming event please drop me a line and I'll see if I can fit it in. - **All the pictures from this issue, and some we didn't have room for, will be on the website gallery in all their glory!**

⇒ Lamplugh WI

The room was full of fun and laughter where old friends caught up with each other and new friendships were made as they



celebrated their 97th Birthday in style with a disco, live entertainment,

food and plenty of dancing showing that the WI is definitely more than Jam and Jerusalem. WI groups from around West Cumbria helped Lamplugh celebrate many wearing sequins and sparkles .

⇒ Bootle WI

At their Breakfast Club in July at Silecroft Beach Cafe. It has the most amazing views. We had delicious food, lots of talking and laughter with excellent company.



⇒ Moresby WI

Congratulatory Presentation of a Basket of Flowers by members of the Moresby WI to our President, Margaret Hartley who received the British Empire Medal for Services to the Community in West Cumbria. (Margaret is on the left accompanied by Norma Lockhart, Vice President.)



SPEAKERS CORNER

Disclaimer: Some speakers contact us requesting that their details be given to WI's. We would like to point out that we issue them as suggestions and not necessarily recommendations.

⇒ JULIE BEST AND JEAN CORRIGHAN - ACCORDIAN DUO

Should anyone have a need for our entertainment in the future we have a varied programme of music which some of the WI's have thoroughly enjoyed and we would love to perform at other institutes. Please contact us for availability and fees: Julie - 01228 521321 / 07941 583665 julie27best@icloud.com or Jean - 07762 012439.

SPEAKERS CORNER Continued...

⇒ **EMILY CLARK AND SUE DUNLOP - CUMBERLAND INTERNATIONAL YOUTH CAMPS 1944-1958** - A recently published book.

This book explores an overlooked aspect of post-war British social history. The camps brought together Cumbrian sixth-formers and their equivalents from many European countries with the aim of promoting international friendship and understanding in the context of a fortnight's holiday in the Lake District based on outdoor activities and a range of historical, cultural, industrial and agricultural visits. IYCs were subsequently organised by several other local education authorities, but Cumberland was the pioneer. Contact Emily emjclarknola@gmail.com or Sue s.dunlop@pt.lu in the first instance, if you are interested in arranging a talk on this subject.

⇒ **MALCOLM ROGERS - ORGAN DONATION CHAMPIONS** -

Email: malcolm.c.rogers@btinternet.com **Tel:** 07815 017765 - I am one of the Organ Donation Champions, a group of people across North Cumbria who want to promote organ donation in our region at a time when the number of people on the waiting list is growing and the number of donors is falling. We give talks on the subject to a wide range of organisations, and include donor family members, living donors and organ recipients. I and some of my colleagues have already spoken to some local WIs but would like to have the opportunity to speak to more WIs across the region. Contact me and I will then identify a suitable speaker based on the location involved.

⇒ **HELEN RUSSELL - CUMBRIA DEAF & HEARING LOSS SERVICES**

Email: helen.russell@bid.org.uk **Tel:** 01768 868510 - BID Cumbria are trying to promote our services throughout Cumberland. We carry out home assessments funded by the council so there is no charge. If people meet the criteria, then equipment is also supplied free of charge. We look at whether someone can hear the doorbell or the television. Also, whether they can hear smoke alarms, baby alarms and the telephone. We can advise about care of hearing aids and technology that can help manage hearing problems. We would be happy to come to talk to individual WIs.

⇒ **DAVID GARDINER - CURLEW RECOVERY PROJECT** **Tel:** 07557 478825

Email: davidj.gardiner@btinternet.com - I lead the Curlew Recovery Project in the Lorton valley. The project has been running for 2 years. I can offer local WI groups (e.g. Cockermouth, Embleton, Bassenthwaite) a talk about curlews, and about the progress of the project so far (illustrated with lovely photos!). **Fee:** Donations to the Curlew Project.

⇒ **PAUL WILSON - VOLUNTEER COMMUNITY PRESENTER FOR THE RNLI**

TEL: 07990 786225 **EMAIL:** paulwilsonbonner@gmail.com - I offer talks on the outstanding work of the RNLI to raise awareness and fundraise as the RNLI is solely run via contributions. I finish off the talk by giving you ways of getting involved. Please call or email if you want to discuss further.