

CUMBRIA CUMBERLAND FEDERATION OF WOMEN'S INSTITUTES
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Office Hours: Wednesday & Thursday 10.00am to 1.00pm

Chairman: Kathleen Bowron
Honorary Treasurer: Ann Kirkpatrick
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383
April 2024

COUNTY NEWS

Women Walk the World Monday 29th April 2024

Christ Church, Silloth 10am for a 10:30 start



It's not too late, you can still enrol for this year's walk. This is our main fund-raising event for Rural Women in Action Fund, supporting grassroot projects in developing countries.

Suitable clothing and footwear will be needed for this circular, flat 4-mile walk including Silloth Promenade. At 10:30, with your route description in hand you will set off.

We need as many of you as possible to come on this walk, and pay £5. You will get a nice filled roll for lunch, tea and/or coffee. Bring some extra cash for traybakes and the tombola.

As always, any dogs must be kept on their leads the whole time. There are bins along the route where poo bags can be deposited!!

For catering and H&S requirements you need to enrol for this event.

So, before 17th April drop an email to trishdunant@googlemail.com or text a message to 07977416961. Giving which WI you are and the names of entrants.

A MESSAGE FROM YOUR COUNTY CHAIRMAN

Dear Members,

In this letter I would like to express our grateful thanks to Sandra for the sterling work she has done for us over the past twenty years. Thank -you seems very inadequate after all that time and none of us really knowing how much she has done, quietly behind the scenes, keeping us right!



THANK YOU SANDRA AND WE WISH YOU A LONG AND HAPPY RETIREMENT.

I am delighted to tell you we have appointed Lesley Porter as our new secretary, she will begin the handover with Sandra on Monday 8th April, giving her 3 weeks to settle in before Sandra retires on Thursday April 25th.

The Team Darts heats have been great fun and I wish the finalists all the best for April 19th.

There are lots of Federation events organised in the coming months by your sub committees and I look forward to seeing you at something, be it the ACWW walk, the Fashion show or on the coach to RHS Harlow Carr details of all these plus many more are in this County News.

See you soon,
Kathleen

Sub Committee Chairman

Art & Leisure, Penny Coulthard Phone 01228 522797
Education & Public Affairs Jennifer Baker
Phone 07923430932
Home Crafts - Kris Longshaw Phone 07583737656



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BOARD OF TRUSTEES

Dear members

As your Federation Treasurer it falls at my door to send a reminder that subscriptions for 2024 are now due. We have been informed that the increase this year will bring the annual payment to £48 per member. We are also reminded that until members' subscriptions have been received their membership will not continue. The amount of £48 is divided as follows; NFWI receives £13.10, CCFWI £11.30 and the institute share is £23.60. At present we have approximately 1,460 members which results in an income of around £18,650 per annum. Our running costs for the office, staff, rent, stationery, postage etc., amounts to approximately £2,750 per month. As you can see from this there is a shortfall which means that fundraising is essential. I will also say that the coffee mornings are wholly financed by your trustees. All refreshments and raffle prizes are donated by us.

I hope from this information you can understand why it is vital that members try to support Federation events.

Ann Kirkpatrick

Dear Members

It's that time of year again when we are thinking of our gardens and the beautiful hues of the spring bulbs we planted in the autumn and the pleasure they bring.

The new bulb catalogues are now available and we would be delighted if you could support this very important fund raising effort. Members can order good quality bulbs at reasonable prices and help to raise

funds for the Federation. Last year we received £650 commission on the sale of bulbs, a very important amount towards helping to keep CCFWI solvent.

With very many thanks for your support.

Ann Kirkpatrick—Bulb Order Co-ordinator.



200 CLUB

Lucky prize winners in the March draw which took place at the recent Federation Coffee Morning were as follows:-

- 1st £90 Jackie Bramwell, Penrith WI
- 2nd £50 Ann Kirkpatrick, Longtown WI
- 3rd £25 Avril Done, Moresby WI
- 4th £25 Kris Longshaw, Cockermouth WI

Congratulations to you all.

NATIONAL RESULTS OF VOTING FOR THE 2024 RESOLUTION

Title of resolution	Total Votes Received
Dental Health Matters	37,772
Impacts of poor housing conditions	27,608
Say 'no' to gambling advertising	20,077
Improving Outcomes for Women in the Criminal Justice System	9,949
TOTAL SELECTIONS RECEIVED	95,406

To all WIs,

Please consider how you wish your link delegate to vote on the top resolution "Dental Health Matters" at the NFWI Annual Meeting in London on June 5th.

More information on this resolution can be found on the mywi website.

ENCLOSURES	NONE
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ADVANCE NOTICE

We are working on a theme to be used for the individual member "Chairman's Challenge" competition at our Annual Meeting in October.

Watch for further information in future County newsletters.

CALENDAR OF EVENTS 2024

APRIL	MAY
11th Clean Rivers, Federation Office	2nd New Stitch Sampler Workshop part 1
18th Clean Rivers, Lamplugh Village Hall	16th RHS Harlow Carr Gardens Trip
19th Darts Final, Wigton	22nd Fashion Show, Brampton
23rd Treasurers Forum, Federation Office	23rd New Stitch Sampler Workshop part 2
29th ACWW Walk, Silloth	
JUNE	JULY
1st Federation Coffee/Afternoon Tea, Moresby please note start time 2pm	11th Trip, The Great Tapestry of Scotland, Galashiels
5th NFWI Annual Meeting, London	
13th New Stitch Sampler Workshop part 3	
27th New Stitch Sampler Workshop part 4	

Roll of Honour

Latest details entered on the Roll of Honour

Joan Wear

Patterdale WI

Gone but not forgotten

*We will remember them bringing joy
and friendship to our meetings*

Please note in order to comply with the Data Protection Act, I must have permission from a relative before I can enter a name on our Roll of Honour.

NEWS FROM ANNE BAIRD OUR FEDERATION CLIMATE AMBASSADOR

Fashion Revolution week 15-24th April .. arrange a clothes swap, mend in public or at your meeting. www.fashionrevolution.org The Revolution is Collaborative.

Swifts will be returning to Skies/Nest soon - visit www.swift-conservation.org for information and rescue advice (for any grounded birds)

Summer holiday season - make a Flight Free pledge and visit www.flightfree.co.uk for UK / abroad ideas with much lower footprint.

Hedgehog by Hugh Warwick is a good read.

RSPCA/ www.britishhedgehogs.org.uk for information and rescue advice.

NEWS FROM THE SUB COMMITTEES

ART & LEISURE

Thank you to all who attended the Theatre Royal trip. All went well (apart from the roadworks).

The Darts Final is being held at Wigton on 19th April 2024 at 7.15pm. Good luck to all the finalists.

It's Spring time! No better time to sort your clothes out!

FASHION SHOW - WEDNESDAY - 22ND MAY 2024 This is to be held at LABELS in Brampton - Unit 9, The Old Brewery, Brampton CA8 1TR. This is no ordinary fashion show, the clothes being modelled (by Trustees and WI Members) are all preloved clothes. Along with clothes and accessories too.

It will be a great fun evening. Come along and see what bargains you can get! You can try and buy. Cash and card welcome. Tickets are £7.50, which includes a drink and nibbles. Evening starts at 7.00pm. If you would like to join us please send your cheque (made payable to CCFWI) to Penny Coulthard, Brisco Hall, Carlisle, CA4 0QS. Please enclose a stamped addressed envelope for your ticket.

EDUCATION & PUBLIC AFFAIRS

TRIP TO RHS GARDEN HARLOW CARR Nr Harrogate on **Thursday 16th May**. £20 per person plus £11.35pp group rate entry to gardens if you are not a current member of the RHS. (RHS Members have free garden entry on production of valid membership card on arrival at Harlow Carr.) **Pick up points 8am** at either Irvings Garage, Jesmond Street, Carlisle, parking is £2 per vehicle for the day, payable to the bus driver, or outside The Halston (old GPO, Warwick Road), **8.30am** Penrith Sandgate Bus Station. Please apply to Jennifer Baker, Ballacraigne, Little Salkeld, Penrith CA10 1NN stating your pickup point, phone number for updates and enclose a cheque made payable to CCFWI **before Thursday 2nd May at the latest please.**

A FUTURE EVENT We are organising a trip to Cragside House in Northumberland, in September 2024. Cragside House is a National Trust property once owned by the Armstrong family and was the first house in England to have electric lighting installed. Please look out for details in future newsletters as our plans progress.

MEMBERSHIP SUPPORT

TREASURERS, THEIR ASSISTANTS AND ASPIRING TREASURERS

Do you need the answer to a burning question concerning WI finance???



Join us in the Federation Office on Tuesday April 23rd, 10:00am - 12:30.

and we will try and resolve a problem that might be giving you a bit of a headache. The charge will be £5.00 per person to be paid from your WI funds. Tea/coffee and biscuits will be provided on arrival. Please make cheques payable to CCFWI and contact Dawn Eyre, her email address is deyre67@gmail.com to book your place now extended to Thursday April 18th. Booking is essential.

Another Treasurers Forum is planned soon in the West of the County.

NEWS FROM THE SUB COMMITTEES CONTINUED

HEMOCRAFTS

We are excited to bring you a **New Stitch Sampler Workshop** to be held in the Federation office, over 4 weeks from 10am to 3pm on 2nd and 23rd May, 13th and 27th June 2024.

The cost is £40 (cloth, thread and individual tutoring provided).

Light refreshments will be provided, but please bring your own lunch. You will also need to bring needles, an 8" embroidery ring, scissors and glasses (if needed).

Places are limited. Closing date: 25th April 2024

Apply to: Kris Longshaw, 82 Kirkgate, Cockermouth, CA13 9PH with SAE telephone 07583 737636 or via email kris.longshaw@gmail.com Cheques payable to CCFWI.

HEMOCRAFTS are arranging a coach trip to **The Great Tapestry of Scotland, Galashiels** on Thursday 11th July 2024.

Coach picking up from Gosforth, Holmrook, Cockermouth, Wigton and Carlisle.

If you are interested, let me know as soon as possible.

Take a break at the stylish Stitcher's Cafe serving tempting meals and refreshments made with fresh, seasonal and locally sourced ingredients.

Open 9.30am – 4pm, Lunch from 11am – 3pm

Further details and how to apply for a ticket in next month's County News.



EASTER MINI DABBLE DAY Some of the ladies holding up their Easter Wreaths and on the table in front, the cards they painted, the Easter baskets created and the hessian bags they embroidered.



WELCOME

AROUND THE WIs

WELCOME

LINSTOCK WI are holding a Quiz on Monday 15th April at 7pm in Linstock WI Hall. Tables of 4. Tickets cost £6 per person to include supper. Please book in advance by telephoning 01228532625



KIRKANDREWS ON EDEN WI have an Open Meeting on Friday May 10th 7.30pm at Beaumont Parish Hall, Kirkandrews on Eden Carlisle CA5 6DX.

The speaker is Ed Waugh, the writer of the play "Wor Bella" the incredible story of the heroic women (munitionettes) whose work in the munitions factories helped to win WW1 whilst still managing to play football. It is a fascinating story come and hear it. Everyone is welcome.

Visitors £5 including refreshments.



MEMBERS OF MORESBY WI following a talk by Mark Sarrington on the History of Hospice at Home in the UK and West Cumbria.

SPEAKERS UPDATE

"MY LIFE IN THE GUTTER" this is a humorous talk given by **Archie Workman**. His talk is based on a humorous journey of how he became a global Celebrity Drainspotter and the Dullest Man in Britain.

The journey is still going on as in 2025, his collection of drain cover photographs will be part of an amazing exhibition in Manchester Central Library to coincide with a book launch. He charges £40 per talk which includes travel expenses.

For more information please telephone him on 01229861053

or email workman.archie@gmail.com

THE GREAT NORTH AIR AMBULANCE SERVICE would be delighted to give a Community Talk in the form of a Power point presentation to your WI, explaining more about their life saving service, who they are and what they do, which lasts about 20 minutes, followed by a short time doing Question and Answers.

For more information and to request a talk, please send an email to:-

<https://www.greatnorthairambulance.co.uk/support-us/fundraising/talk/>

JAMIE NORMINGTON, CUMBRIA WILDLIFE TRUST would be pleased to visit WIs to give a power point talk on Wildlife in Cumbria. He charges £60 which he donates to the Trust.

Please contact Cumbria Wildlife Trust 01539 816300 to book Jamie.

DEAN HANDBELL RINGERS are a group of Handbell Ringers who can give a concert of 3/4 to 1 hour of classical & popular songs, interspersed with jokes and poems. This is not only enjoyable to listen to but interesting to watch. They charge £35 plus travel at £1 per mile over 10 miles from Dean.

Please contact Vicky Daley 07745601146 or email deanhandbells@gmail.com

Facebook Dean Handbell Ringers

DENIS WESTMORLAND has filmed and edited a large range of 10 minute films of "Local Villages, Rivers and Cumbrian scenery" which are displayed on an eight foot screen with amplified accompanying music and commentary. He also offers films of world wide travel. Also known as a musician, he was born into a farming family near Carlisle before becoming an electricity meter reader, now retired.

For more information please telephone 016974 75225, mobile 07884 314592

or email dwmusic@btinternet.com

DISCLAIMER: Re. Speakers Update. Some Speakers contact us requesting that their details be sent out to WIs.

We would point out that we issue them as suggestions and not necessarily recommendations.