



Cumbria-Cumberland

**CUMBRIA CUMBERLAND FEDERATION OF WOMEN'S INSTITUTES
WI OFFICE, 12A CLIFFORD COURT, COOPER WAY
PARKHOUSE BUSINESS PARK, CARLISLE CA3 0JG**



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Chairman: Kathleen Bowron
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387
August/September 2024

COUNTY NEWS

Meeting

FEDERATION ANNUAL COUNCIL MEETING,

**to be held at GREENHILL HOTEL, THURSDAY OCTOBER 3rd 2024
10.30am to 1pm**

Tea / Coffee will be available prior to the start of the meeting

**Guest Speaker Katie Laidlow the young Shepherdess
featured on Radio Cumbria and Countryfile**

Delegates can claim travel expenses Visitors £10 (payable at the door)

Car parking on site

**Full information will be in the Delegate's Pack in September
Please car share where possible**

A MESSAGE FROM YOUR COUNTY CHAIRMAN

Dear Fellow Members,

Well, it appears we are still waiting for summer but I am sure it is just around the corner.

It was good to meet so many of you at our Afternoon Tea at Moresby back on 1st June. I am looking forward to welcoming you to my W.I. hall for our next Federation Coffee Morning on Saturday 7th September in Beaumont Parish Hall, Kirkandrews on Eden, Carlisle CA5 6DU. 10am until 12 noon with, as usual, as much tea/coffee as you can drink with delicious scones and traybakes. We will hold the final draw for the 200 Club for 2024 so good luck. I really enjoyed the trip to the Great Scottish Tapestry in Galashiels it was a lovely run up through the borders and the workmanship on show was fantastic. Thank you to the Homecrafts committee.

Plans are well underway for our Annual Council Meeting on Thursday 3rd October at the Greenhill Hotel and I hope to meet lots of you there.

Enjoy the next couple of months whatever you are doing wherever you may be.

Kathleen



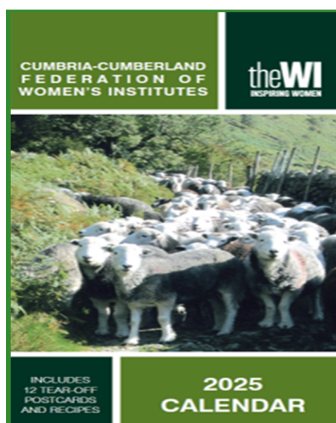
FEDERATION AUTUMN COFFEE MORNING SATURDAY SEPTEMBER 7th BEAUMONT PARISH HALL 10am to 12noon KIRKANDREWS ON EDEN CA5 6DX



Come and enjoy home baked scones and traybakes with as much tea and coffee as you can drink!

There will be Selling Stalls - (Start your Christmas Shopping early perhaps)
Try Your Luck Board and of course a Raffle

The Trustees look forward to chatting with you all
Do come and say hello



Our 2025 Calendar is now available

Great value at only £4 (less than last year!)

They will be available for sale at Dalston & Gosforth country shows, Federation Coffee Morning at Kirkandrews-on-Eden and of course at the ACM on 3 Oct.

Order form is also enclosed should you wish to order them that way.

BOARD OF TRUSTEES

REMINDER—CHAIRMAN'S CHALLENGE I've Made It – I'll Show It

Items to go on show at the Annual Council Meeting, Greenhill Hotel on 3rd October.

Bring your crafts along for the members to judge at the same time as raising money for ACWW.

2026 FEDERATION CALENDAR

We hope you are finding "Tourist Attractions" in Cumbria to photograph for our 2026 Calendar. They must be 7" x 5" Landscape format. We would prefer to receive them digitally, but hard copy is also acceptable with a stamped addressed envelope for their return. People photographed should have given their permission.

NEWS FROM THE SUB COMMITTEES

ARTS & LEISURE

Hope you all have a fantastic summer and that the weather improves.

October starts with a bang !

Target shooting - Nr Longtown 12th October 2024. Start time 10.30. The cost is £25.00 per person including light refreshments. Have a go - it is great fun.

Please send a cheque made payable to CCFWI for £25.00 to Ilene Forsyth, March House, 22 Netherby Road, Longtown, CA6 5XJ Telephone 01228 791539

See you there!

Get your brains working again after the summer !

Quiz Night - at Bigrigg and Dalston, 7th November 2024 Cost £20 per team of 4. 7.00 for a prompt 7.30 start. Tea and coffee will be provided but please bring your own supper.

Tickets can be obtained from Mrs P Coulthard, Brisco Hall, Brico, Carlisle CA4 0QS
Cheques made payable to CCFWI. Please include a stamped address envelope for receipt of your tickets. **Entries to be received by 1st of November please.**

PLEASE STATE WHICH VENUE YOU WISH TO ATTEND.

Looking forward to an eventful Winter !

EDUCATION & PUBLIC AFFAIRS

Trip to National Trust property Craggside House, Rothbury, Northumberland on Thursday 19th September 2024.

We have arranged the following pick up points and times:-

Cockermouth outside Boots 7.30 a.m. Penrith Sandgate bus station 8.15 a.m.

Carlisle at the Sands Centre 8.45 a.m.

We hope to arrive at Craggside House around 10.30 a.m. giving plenty of time to look around the house and the extensive gardens. There is transport around the gardens.

The cost of the trip will be £45 for non-National Trust members and £25 for National Trust members.

Please make cheques payable to CCFWI and send to Ann Kirkpatrick, 3 Claremont Drive, Longtown, Carlisle, CA6 5XE, marking the back of the cheque with your preference of pick up point. If a receipt is required please enclose a stamped self addressed envelope. We look forward to hearing from you.

Closing date September 3rd 2024.

NEWS FROM THE SUB COMMITTEES (Continued)

HEMECRAFTS

By popular request our very own **Margaret Pattinson will hold a Beading Class** at the WI Office in Carlisle (12A Clifford Court, Cooper Way, Parkhouse Business Park, Carlisle CA3 0JG) **in October**.

The course will run for 2 days on Thursday 17th and Thursday 31st October from 10am to 3pm. Coffee, tea and biscuits available but please bring a packed lunch. You will need your own scissors, but all other material will be supplied. Places will be limited so please book early by sending a cheque for £20 made payable to CCFWI to Margaret Pattinson, Broadacre, Thornby Moor, Wigton, CA7 0JZ, together with a stamped addressed envelope. **Closing date October 10th.**

MEMBERSHIP SUPPORT

As many WIs are about to hold or have held their Annual Meetings recently when there may be a change in the officers, **Membership Support are planning to hold a workshop forum for existing or new Presidents, Secretaries and MCS secretaries** to help and put forward suggestions to make these roles easier.

The venue will probably be either The Kirkstile Community Centre, Dean or the Federation office perhaps late October or in November this year once availability is known. Email Dawn Eyre on deyre67@gmail.com and look at County News in October for more information.

NEWS FROM ANNE BAIRD OUR FEDERATION CLIMATE AMBASSADOR

Shared Interest are an Ethical Investment Company that help small producers with finance and skills - check out their info online at www.shared-interest.com

Transform Trade (formerly Traidcraft Exchange) are bringing the Traidcraft brand back - buy their Teabags and Toilet rolls www.traidcraft.org (Traidcraft were founding members of Fairtrade Foundation.)

Thanks to those who have sent Green Hearts for our county 'Show The Love' Banner. Please forward remaining WI Green Hearts to Ms Anne Baird, 30 Station Avenue, Keswick, CA12 4NP as soon as possible to be included.

ENCLOSURES

2025 Calendar order form; Yearbook updates; Late Subscription form; County Raffle tickets and covering letter.

TO ALL SECRETARIES Could you please check monthly, that the enclosures listed in the County News match what is in your envelope.

If you are missing anything, please contact the Secretary at WI Office.

Tel. 01228521774.

Roll of Honour

Latest details entered on the Roll of Honour

Marie Simm

Cleator Moor WI

*Gone but not forgotten
We will remember her bringing joy
and friendship to our meetings*

CALENDAR OF EVENTS 2024

AUGUST	SEPTEMBER
10th Dalston Show	7th Federation Coffee Morning Kirkandrews on Eden
17th Gosforth Show	19th Trip, Cragside House Northumberland
OCTOBER	NOVEMBER
3rd CCFWI Annual Meeting, Greenhill Hotel	7th Federation Quiz, Bigrigg & Dalston
12th Target Shooting, Longtown	16th Federation Coffee Morning, Thirlmere
17th & 31st Beading workshops, WI Office	
DECEMBER	
7th Federation Carol Service, venue tbc	

SPEAKERS UPDATE

ELAINE TRUCKELL works as a Volunteer Coordinator for Carlisle and Eden Carer Support. The organisation provides support for unpaid Carers.

Elaine wonders if you would be interested in her giving a talk to your WI about how they can help people in the community. Please telephone 01228 580214 for more information or email Elaine@carlisle-eden-carers.org.uk

VICTORIA NEWSTEAD is an artist living in Carlisle who runs Art classes locally, renting different village halls and providing access to people, that don't drive. Her mother in law is still an active member of a WI in Devon.

If WIs would be interested in having Victoria organise an art class, please either telephone 07557647545 or email her on victoriarussianewstead@yahoo.co.uk
Her website is Paintwithvictoria.co.uk

LESLEY CONNOLLY/ Unique Jewellery Design, continues to design, make and sell her jewellery at craft fairs, parties and also gives talks to groups in North Cumbria and the Scottish Borders.

She is happy to come along to Women's Institutes who meet either in the afternoons or evenings, to give a presentation on her travels and her makes.

This Includes work with Sterling Silver, Pewter and beaded jewellery using semi-precious stones and freshwater pearls.

She normally asks for a donation towards fuel costs from her home in Crosby on Eden near Carlisle and can often fill a last minute gap when a speaker is unable to attend. For more information, please contact by email jtlaconnolly@icloud.com
Or by phone, 01228 573614

BOB PRICE is Chairman and Senior Miller of Acorn Bank Watermill Trust.

He has a couple of talks that may interest WI members:

Flour Power - the challenges of restoring a derelict watermill

Daily Bread - the history of grain, milling, flour and bread

All his lecture fees go to the Trust. He normally asks for £50 up to 15 miles from Penrith, a few pounds extra for mileage if more distant. Please send him an email bob@theprices.me.uk or telephone 01768 840640 for more information.

NICKI BAKER chair of Keswick Swifts would be happy to give talks to WIs.

Swifts are red-listed summer visitors from Africa who many will be familiar with.

Their rapid decline in numbers is something we can do something about - Nicki can be contacted on nicki.baker@btinternet.com to discuss.

AROUND THE WIS



Burgh-By-Sands WI, Summer trip. was held on a very wet 9th July. Our members had a memorable visit to this 5* museum beginning with a fascinating and very informative introduction by Arna Johnston to the museum and its own history. After our lunch we set off to look round the building which is over two floors. The downstairs level focused on the setting up of the original nine-mile munitions factory in 1918. It showed the working conditions for the average

female worker. Thousands of young women, some as young as 15, mixed cordite, glycerine trinitrate and acids together by hand in large ceramic bowls in the initial stages of shell production, this was very dangerous work. The women were nicknamed the canaries due to their yellow skin caused by the chemicals damaging their livers. On a visit to the factory during the war, Sir Arthur Conan Doyle reflected on how the bowl's contents looked like porridge, hence the name of the factory. The museum commenced in 1915 telling the visitor about Britain's worst ever railway disaster at Quintinshill in 1915. It ended with more recent history about Chapelcross nuclear power station. Upstairs focussed on the WWII activities in the area – explosives, RAF and ammunition supply. Recordings in their own voices bring all of this to life. Recreations of typical clothing and décor from the period provide lots of memories and fun. We had a very interesting trip and highly recommend the museum to all.

Warwick Bridge Coffee Morning on 29th June.

The event was very successful.
A big thank you for all your support.



Alison and Lesley sorting donations



We have been collecting feminine products for the Federation "Big Help Out" and they were gratefully received by the Carlisle food bank. **The volunteers at the Food Bank.**

Any similar donations welcome plus large size nappies. Thanks again for your support.



Schoolreaders

improving literacy • increasing life chances

1 in 4 children leave primary school unable to read well. This means they cannot fully access their secondary education

Can you help change their story?

Schoolreaders is looking for volunteers in your community to listen to children read in primary schools.

No qualifications are required, just a love of reading, some spare time each week in term time and a willingness to go where children need you the most.

To apply, please visit [Schoolreaders.org](https://www.schoolreaders.org)

Wasdale, Eskdale and the Duddon Valley, Cumbria
Holiday Cottage Cleaner (12 hours per week)
£11.50 per hour | Closing date: 21 July 2024

The National Trust is recruiting for a holiday cottage cleaner 2 days per week for their holiday cottages in the western valleys of the Lake District and wondered if any ladies in our Federation might be interested. **The closing date is 21 July 2024.** Rotas are issued 3 weeks in advance and they are flexible around existing commitments.

Please telephone Lesley Owens, Holiday Operations Assistance Manager, National Trust. 07586481371 or email her lesley.owens@nationaltrust.org.uk

Even though the closing date has passed it still might be possible to arrange something if anyone wishes to respond.