

County News

Image: Rose Garden

The Cumbria-Cumberland Federation of Women's Institutes

CCFWI, WI Office, 12a Clifford Court, Carlisle CA3 0JG

Visitors/Phone enquiries: Wednesday/Thursday 10.00am to 1.00pm Tel: 01228 521774

Website: cumbria-cumberland.thewi.org.uk/

 [Facebook.com/CCFWI/](https://www.facebook.com/CCFWI/)

Chairman: Kathleen Bowron

Treasurer: Ann Kirkpatrick

Federation Secretary and Editor: Lesley Porter

Email: ccfsecretary@ccfwi.co.uk

Enclosures this month: Current Year book updates; Raffle Ticket books; Late Subs Payment form
TO ALL SECRETARIES— Please distribute/display accordingly and if any enclosures are missing, please contact the Secretary at WI Office

Changes to Office Hours:

July: Thurs 16/7/26 no cover

Aug: None planned

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THE MAIN EVENT

Axe Throwing and Archery (1 or 2 activities)



Event Code: ACL-AxA **Date:** Sat 26th Sept

Time: 1:30 for 2:00pm start

Venue: Greythwaite Adventure, nr Hawkshead, LA12 8BA

Cost: £25pp for one activity or £40pp for both

Pay by: BACS, quoting event code, or by cheque, payable to CCFWI, and posted to event lead (address below)

Closing date: 1st August

Event Lead: Mandy Henderson, Gill Farm, The Gill, Dalston, Carlisle, CA5 7JP **Tel:** 07863 550266 **Email:** mandyh.witrustee@outlook.com

Main details:

This is a totally new event for us, but one requested by many in a survey of what members wanted, and gives you the opportunity to try your hand at one or both events. It takes place in a beautiful setting with plenty of parking, picnic tables, and a tipi with seating if wet! The welcome lodge has tea and coffee available but is not a cafe as such so please bear this in mind. Please don't hesitate to contact me with any questions and to book your place asap as a **maximum of 40 places**.



A LETTER FROM YOUR COUNTY CHAIRMAN

Congratulations to Dee Monk of Alston W.I. whose beautiful colourful design, depicting women of all colour and age, is available as either a tea towel or a coaster from the W.I Shop. Well done Dee.

Thanks to the WI's who entered our competition at the Cumberland Show with congratulations to the winners. Pictures of the winning entries are below.

Plans are well in hand for our Annual Council Meeting on Wednesday 14th October at the Greenhill Hotel. Our speaker is storyteller Jessie McMeekin, and we will be entertained by **Nobody's Friend** a group of Sea Shanty Singers. We will be drawing the Federation Raffle which I hope you will all support... your secretary should have received books of tickets with this issue of our Newsletter. There will also be a New2You stall, you will find the details later in this County News and don't forget my Chairman's Challenge "Something Re-cycled".

Well, we had a beautiful day for our Coffee Morning at Glenridding Public Hall, the home of Patterdale W.I. The number of attendees was disappointing but we did have members from Bassenthwaite, Dalston, Gamblesby, Hayton, Kirkandrews on Eden, Langwathby, Patterdale, Penrith and of course our three delightful ladies and their chauffeur from Moresby who come to support us every time. One member and her husband really made a day of it driving from north Cumbria, parking in Penrith, bussing to Glenridding then planning to take the steamer to Pooley Bridge then a bus back to Penrith, hope you had a great day.

Our next Coffee Morning is at Bigrigg Hall, home of Woodend W.I., on September 12th put it in your diary and we will see you there. I hope you all have a wonderful summer.

Kathleen

Cumberland Show Winners - 2026



3rd - Wetheral WI



1st - Blackford WI



2nd - Dean WI

ARTS, CRAFTS & LEISURE - Chairman: Mandy Henderson

Thank you, Ladies for attending recent events - including the target shooting, Pewter boxes and Blackwork classes. Thank you to those who filled in feedback forms. These are so very useful for future events and ideas for new ones too. The next thing on our calendar is a new event of Axe throwing and Archery. Please book asap as, until we have final numbers, ours is only a provisional booking and they are receiving a number of enquiries. If you don't want to miss out please book soon and at the latest by 1st August. See advert. This would be much appreciated. Lovely setting and should be a fun day. If you would like to have a go at making pewter jewellery, we have a course on the 30th September. See advert. There are a few places left as some of those who made pewter boxes have put their names down already. Great idea for a personal gift? Have a go! On 22nd October we have our annual quiz to look forward to. Please keep supporting our events and our federation in the process.

MEMBERSHIP SUPPORT - Chairman: Sue Addyman

On 8th July we will hold a WI Formation meeting at Keswick . In May we held an Interest meeting and 60 ladies attended and most of them are keen to form a WI in Keswick. Reminder for anyone interested in attending the Programme Secretarys' get together at Carlisle Office on 29th June at 7pm please get in touch with me - Tel: 07956 157 449 .

EDUCATION & PUBLIC AFFAIRS - Chairman: Jennifer Baker

First of all, can I thank everyone who supported our trip to the Yorkshire Sculpture Park near Wakefield earlier this month. Showery weather did not lessen the enjoyment expressed by attendees. Pictures later on in this issue.

Now we have organised another special event to take place on Monday October 5th in Lamplugh Village Hall at 2pm, a film showing with a delicious afternoon tea, more details on the events pages. We look forward to a memorable afternoon.

FROM OUR CLIMATE AMBASSADOR: Anne Baird

Fair Green Future Webinars are available to catch-up on at [My WI | Home](#) (Public Affairs & Campaigns) - also see the People's Film [National Emergency Briefing](#) currently available in many local communities and for those of you up for a bit of studying:

- The Field Studies Council have online [Natural History Courses – Field Studies Council](#)
- Land & Nature Skills Service [Home | LANSS](#) - is well worth a browse & share. Farm Machinery, Environmental Science, Tree Surgery, Wildlife Media, Pesticides ... all courses in/near Cumbria/online & Employment, Jobs & Funding advice.

Enjoy the summer but please remember a shallow dish of water for birds/insects & small mammals.



FEDERATION EVENTS DIARY

Date/Time	Event	Venue	Cost	Code	Closing Date
Jul 2026					
Weds 8th	Quizzical Walk	NBS, Carlisle, CA3 8JU	£5	EPA-QW	Just turn up
Aug 2026 = no events					
Sept 2026					
Sat 12th	Federation Coffee Morning	Woodend WI, Bigrigg Village Hall CA22 2TL	£5	TB-CM4	Just turn up
Sat 26th	Axe Throwing & Archery	Windermere	£25 / £40	ACL-AxA	1st Aug
Weds 30th	Pewter Jewellery Workshop	WI Office	£15	ACL-PJW	7th Sept
Oct 2026					
Mon 5th	Film Showing with Afternoon Tea	Lamplugh Village Hall, CA14 4SF	£20	EPA-DFAT	19th Sept
Weds 14th	CCF AGM	Greenhill Hotel	TBA	BT-AGM	TBA
Thurs 22nd	Annual Quiz Night	Dalston + Lamplugh	£20 team	QND or QNL	30th Sept

...and note these in your diary, more information to follow in future issues

Date	Event	Venue
Nov 7th	Federation Coffee Morning	Seascale
Dec 5th	Carol Service	Arthuret Church, Longtown



Special dates coming up: Aug + Sept

Thurs 6th Aug - [Cycle to Work Day](#)
 Mon 10th-16th Aug - [Afternoon Tea Week](#)
 Fri 4th Sept - [National Food Bank Day](#)
 Tues 29th Sept - [World Heart Day](#)



In e-formats click on the links for more information on the special dates

FEATURED FEDERATION EVENTS & NEWS

Payments for events: Make cheques payable to CCFWI and send to the event lead (unless directed otherwise). Or save postage and pay by BACS using the event code as reference Bank a/c name: Cumberland Federation of Womens Institutes A/C no.: 40185149 Sort code: 82 43 03 Please contact event lead prior to paying to check a place is available.

Federation Coffee Morning - £5 pp

Date: Sat 12th Sept **Time:** 10am to 12noon **Venue:** Bigrigg Village Hall, CA22 2TL

Come and enjoy delicious home baked scones, tray bakes and teas and coffees, prepared and served by your Board of Trustees. We use these events as Federation fundraisers and for you to get to know your Trustees so please support us. **No need to book we just need you to turn up!**



Pewter Jewellery Workshop - with Lesley Connolly - £15pp

Spaces are limited for this event so register your interest by phoning the event lead now.

Event Code: ACL-PJW **Date:** Wed 30th Sept **Time:** 9:30 - 4:30 **Location:** WI office

Event Lead: Margaret Pattinson **Tel:** 016973 42365 **Address:** Broadacre, Thornby Moor, Wigton, CA7 0JZ

An interesting class with something to show for it at the end. £15pp pays for the course and your pewter but extra (fair) charges for stones used. Bring your own lunch but teas + coffees are supplied. Once a space is confirmed you will need to send your payment, along with a SAE, to Margaret, so details of the course can be sent out to you.



Film & Afternoon Tea - £20pp

Event Code: EPA-DFAT **Date:** Mon 5th Oct **Start time:** 2:00pm **Venue:** Lamplugh Village Hall, CA14 4SF

Pay by: BACS or by cheque, - details at top of page

Closing date: 19th September

Event Lead: Jennifer Baker **Tel:** 07923 430932 **Email:** tonybakerdevelopments@gmail.com

Address: Ballacraigne, Little Salkeld, Penrith CA10 1NN

A delicious afternoon Tea, provided by an independent caterer, will be preceded by a documentary film based on the life of a remarkable artist Dorothy Ramsay who lives and works in Cumbria. Director and Producer Neil Emery will show his film and take questions from the audience.



Quiz Nights, Dalston & Lamplugh - £20per team

Event Code: QND or QNL **Date:** Thurs 22nd Oct **Start time:** 7:00pm

Venues: Lamplugh Village Hall, CA14 4SF or Dalston Victory Hall, CA5 7QB

Pay by: BACS or by cheque, - details at top of page

Closing date: 30th September

Event Lead: Mandy Henderson, Gill Farm, The Gill, Dalston, Carlisle, CA5 7JP **Tel:** 07863 550266

Email: mandyh.witrustee@outlook.com

Our annual event. Teams of 4. Please state which venue when booking. Teas and Coffees will be provided but bring along your own nibbles/supper.



Annual General Meeting - 14th Oct

New-2-U stall - I hope you are all well and busily crafting your special items for the Chairman's Challenge.

With recycling in mind we have decided to introduce a 'New-2-U' stall with all proceeds going to the Federation funds. The idea has been tried in other Federations in the country with great success. So bring along any clothes (on hangers please), scarves, hand bags, and any other accessories, books and jigsaws etc. Any items not sold at the end of the Council Meeting can either be recollected or I will donate them to a local charity.



This is an ideal opportunity for a wardrobe clear out so please support the stall and help the Federation. **Glynis Aspin, Trustee**

Annual Subs Payments

To all WIs that have returned their subscription payments –

thank you!

Most WIs have returned their payments on time which means that at present I am not getting nagged by NFWI. There are a few WIs yet to return their payments and I ask that they do so as soon as possible. There is a late payment form enclosed with your County News for any monies yet to be sent to me. Once again, thank you. **Ann Kirkpatrick Hon. Treasurer**

Pewter Work Boxes Class



Very industrious... and a little bit messy... but you must admit the end results were worth it!



The next Pewter Work class is Jewellery, so book your place now as places are limited!



Yorkshire Sculpture Park



We had a great day out with members, family and friends from various WI's in our Federation, exploring and seeing all the incredible sculptures. A place well worth the visit!



2026 County Raffle



Your secretary should have received the raffle books with this Newsletter. Please buy as many as you can. Tickets will be drawn at the AGM on 14th Oct. Prize details below:

- Ticket for 4 to attend a TBTI performance at Theatre by the Lake, Keswick with a £100 voucher to book preshow dinner at the Lakeside Cafe
- Afternoon Tea for Two on the vintage bus at Bassenthwaite station
- Luxury hamper of organic cheese from Torpenhow Cheese Farm,
- Vouchers from Cranston Butchers and Suzie Bou of Dalston
- Chocolates from Castle chocolates
- ... and Many More

NOT WI EVENTS BUT MAY BE OF INTEREST



FIELD STUDIES COUNCIL - FREE DAY OUT!

There is no need to book in advance, just come along on the day to discover our outdoor learning activities and facilities - suitable for all ages. All activities are free, but cash donations to our charity are welcome! To find out more information, please email enquiries.bl@field-studies-council.org or call 01768 779601 or check out the link for more info: [Blencathra Field Centre's Open Day](#).

NEWS FROM YOUR WIs

Seascale WI

We raised £262.95 for our local Homeless Hostel, Calderwood House, at our "Million Acts of Hope" Coffee morning. We were delighted to have Rachel Holliday & Roxy (Current resident) come along and join us and tell us about the work they do.



Photo shows some Seascale WI members along with Rachel and Roxy from Calderwood House

A reminder that...

Dalston WI are having a Fashion Show

Venue: The Victory Hall, Dalston

Date + Time: 15th July 7:30pm

£2 entry on the door – includes tea and cake.



All WI ladies, and their friends and family, are warmly invited to join us for a fabulous Fashion Show hosted by Kitty Brown featuring ladies' clothing and accessories. There will also be a raffle and plenty of opportunity for a lovely social evening with fellow WI members. We look forward to welcoming you all.

We have winners!

We had the 2nd drawing of our 200 Club at our Federation Coffee Morning on 20th June:

- **1st Prize: £90** -
- **2nd Prize: £50** -
- **3rd Prize: £30** -
- **4th Prize: £20** -

No. 81 - Carol Money, Moresby WI

No. 161 - Elizabeth Nicholson, Westward WI

No. 139 - Longtown WI

No. 120 - Kris Longshaw, Cockermouth WI



SPEAKERS CORNER

THE FLYING THIMBLES - a Folk Fusion Band

Contact: Helena **Tel:** 07931233096 **Email:** kit_carew@yahoo.co.uk

We are a folk fusion band featuring Helena (WI Alston member) on clarinet, washboard and vocals, Robin on fiddle and Harry on guitar, foot drums, vocals and harmonica! We can create the right vibe for your WI party from music for ceilidh and circle dances, relaxed afternoon tea chilled vibes to evening get up and boogie. We have a big following in our native Alston and played for their WI Christmas party 2025. **Contact Helena** for more details.