

CUMBRIA CUMBERLAND FEDERATION OF WOMEN'S INSTITUTES



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JULY 2024

COUNTY NEWS

Come and say hello



We will have a selling stall with recipe tasters at Dalston Show on August 10th and hopefully the 2025 Federation Calendar to sell.

We will attend Gosforth Show on August 17th

We look forward to seeing you



PLEASE MAKE A NOTE OF OUR NEW EMAIL ADDRESS

Email: ccfsecretary@ccfwi.co.uk

A LETTER FROM YOUR COUNTY CHAIRMAN

Dear Fellow Members,

What a pleasure it was for me to represent CumbriaCumberland at the recent N.F.W.I. Annual Meeting in the Royal Albert Hall.

The coach trip there and back with three stops each way and two nights in a very comfortable hotel just a couple of miles away from the venue, gave plenty of opportunities to get to know my 28 fellow travellers from all over the Federation.

Although the discussions involved subjects such as domestic violence and abuse, I doubt there was a dry eye in the house after our first speaker, Nazir Afzal OBE a Crown prosecutor who led the prosecution in many notorious cases including the Rochdale paedophile ring as well as a number of "honour killings". He was so passionate about ensuring that the perpetrators received punishment and that victims were believed, often for the first time in many years.

Mel B spoke about her experience of coercive behaviour whilst being interviewed by Victoria Derbyshire. Victoria also interviewed Actor Timothy Watson, alias Rob Titchener, in "The Archers" who spoke about playing the part of Helen Archer's extremely coercive partner.

The Resolution "Dental Health Matters" was passed by a large majority. There will be a full report of the meeting in your W.I. Life, well worth a read. You may possibly even recognise some familiar faces.

The hairs on the back of my neck certainly stood up when we sang Jerusalem accompanied by that wonderful organ and we got to sing it twice at the request of retiring NFWI Chairman Ann Jones.

What a wonderful experience, thank you.

I hope the weather improves a little for our outing to Galashiels for the Great Scottish Tapestry and just to allow us all to feel a wee bit brighter.

Kathleen



BOARD OF TRUSTEES

200 CLUB

The latest draw held at the Federation Afternoon Tea, Moresby, to find winners in the 200 Club, resulted in:- 1st. Number 50 £90 shared by Fiona & Gayle Baker

2nd Number 14 £50 Penny Coulthard, Stoneraise, Wreay & District WI

3rd " 72 £25 Kathleen Hogg, Stapleton WI

4th " 166 £25 Margaret Barker, Linstock WI

Many congratulation to you all.

SUBSCRIPTIONS

Hello Members and Treasurers, it is important your subscriptions are passed to me at the address below as soon as possible now. **To Treasurers, please don't wait until you have all members paid as NFWI have given us deadlines for payments** and until monies have been received your membership does not apply.

Many thanks to everyone in advance for your prompt attention to this matter.

Ann Kirkpatrick, County Treasurer, 3 Claremont Drive, Longtown, Carlisle CA6 5XE



A NOTE FROM YOUR FEDERATION SECRETARY

Reminders:

Could any WI's that haven't paid their £60 National Annual Meeting delegate fees please do so asap.

MCS and the Yearbook 2024/25: I will be using MCS to download all information I need for the Yearbook so can Secretaries, or whoever has responsibility for the MCS on the NFWI site, ensure the following details are accurate:

Meeting days, times and locations. Also, postal and email address and preferred phone contact (landline/mobile or both) for the President, Treasurer and Secretary.

Emails: I'm trying to be more cost and resource efficient so where I can I will be sending things out via email (particularly once MCS is UpToDate). As we have had a change of office email can you please just check your spam box and if you have anything from ccfsecretary@ccfwi.co.uk mark it as 'not spam' (and it will put it into your inbox but at the date it was originally received) or put it in your allowed list of contacts if that's how you do it.

BACS v cheques: Quite a few WI's have asked why they can't pay directly into the bank so we are supplying bank details for those WI's that would prefer to pay this way. Hopefully this should make Treasurers jobs easier as I know it can sometimes be a while for cheques to get banked. This is going to be the preferred way going forwards than sending cheques.

You will then need to email/post to the office the receipt you would normally send with the cheques saying you paid by BACS and the date. Trips and events will eventually be going to be the same, just with a different contact and a reference code so please make sure you read the details of future events so you know who to notify of your payments and which code to use.

Bank a/c name: Cumberland Federation of Womens Institutes

A/C no. 40185149 **Sort code:** 82 43 03

Reference: Could you please insert your WI name and the item you are paying for i.e. National AM delegate fees / 2025 Diary etc as the reference.

Finally, thank you for the warm welcome I have received and for your patience as I find my feet.

PARKING AT THE FEDERATION OFFICE

While we are arranging to have two parking notices put in place a short distance from the Federation office, in addition to the one place outside our front door, it is suggested that visitor's cars are parked at the top of the large car park near-by, which often has a number of unmarked empty spaces.
We would appreciate your co-operation. Many thanks.

NEWS FROM THE SUB COMMITTEES

ARTS AND LEISURE

It's Summer ! Enjoy.

A few dates for your Winter Diary :

Target Shooting - Longtown - 12th October 2024

Quiz Night - Dalston and Bigrigg, 7th November 2024

Carol Service - 7th December 2024

We are busy arranging events for 2025 !

Watch this space !

Ideas or suggestions welcome.

Thank you for your continued support.

EDUCATION & PUBLIC AFFAIRS

Reminder-Visit to National Trust Craggside House & Garden, Northumberland, September 19th. Full details were in June County News.

Closing date to book September 3rd.

MECRAFTS

Join us on our visit to The Great Tapestry of Scotland, Galashiels, Thursday 11th July 2024. There is still time to book a place before closing date June 27th.

Call Kris Longshaw 07583 737636 for more details. Kris will email you if pick up times still need to be confirmed after this newsletter is printed.

Pick-up points and times are as follows:-

8.00am Holmrook Service-Station

Bransty Layby, Gosforth

Boots Chemist, Cockermouth

Throstles Nest Bus and Coach Station, Wigton

Sands Centre, Carlisle

Kingstown Road Opposite Gosling Bridge Inn, Carlisle

MEMBERSHIP SUPPORT

Watch this space for details of a **President, Secretary and MCS Secretary** workshop we are planning to hold in the Autumn. If you would like us to hold it in your area, or prefer the office, please email Dawn Eyre. deyre67@gmail.com with details.

Cumberland Show Winners

Congratulations to Wetheral WI 1st

Longtown WI 2nd

Gamblesby WI 3rd

Well done ladies, there were 9 entries altogether.

LONG SERVICE CERTIFICATES

In order for us to prepare the certificates to be awarded at the Annual Council Meeting on 3rd October at the Greenhill Hotel, please can you let your secretary know, at your July meeting, how long you have been a member of the W.I. We would appreciate Secretaries sending this information to the office by Monday 5th August which should give us time to have everything ready. Thank you,

CALENDAR OF EVENTS 2024

JULY	AUGUST
11th Trip, The Great Tapestry of Scotland, Galashiels	10th Dalston Show
	17th Gosforth Show
SEPTEMBER	OCTOBER
7th Federation Coffee Morning Kirkandrews on Eden	3rd CCFWI Annual Meeting, Greenhill Hotel, Wigton
19th Trip, Cragside, Northumberland	12th Target Shooting, Longtown
NOVEMBER	DECEMBER
7th Federation Quiz, Bigrigg & Dalston	7th Christmas Carol Service venue TBC

NEWS FROM ANNE BAIRD OUR FEDERATION CLIMATE AMBASSADOR

NFWI have a great new sustainable range of clothing -

www.thewi.teemil.com including t-shirts, jumpers & shopping bags with Green Hearts, Bees, Ocean, Trees.. designs and messages - very stylish, why not order as a WI to save postage and wear on outings !?

In March I had my home surveyed for Heat Loss by CAFS/Sustainable Keswick, this highlighted areas for progress I can make (more thick curtains, extra rug ..) as well as benefits of more recent legislation which minimises Insulation issues .. Please visit their webpage for your own FREE thermal imaging survey - [Free Thermal Imaging - CAFS](#)

WELCOME

Around the WIs

WELCOME

WARWICK BRIDGE WI are holding a Coffee Morning on Saturday 29th June at Downagate, Warwick Bridge, from 10am – 12 noon. Entrance £4.00 to include coffee/tea & scones/cakes. Tombola, Sales Table and other sideshows. All welcome.

The theme for the 2026 Federation Calendar will be
TOURIST ATTRACTIONS IN CUMBRIA

We hope you will be looking out for suitable subjects during the year. As usual, the size of submitted photos is 7" x 5" Landscape format. We would prefer to receive them in Digital format, but hard copy can also be submitted, plus a stamped addressed envelope for returns. If you are showing close-ups of people, please make sure you have their permission, so that we comply with Data Protection Rules. Our calendars are posted all over the world. Please be aware of this.

ENCLOSURES

Year Book updates

TO ALL SECRETARIES Could you please check monthly, that the enclosures listed in the County News match what is in your envelope. If you are missing anything, please contact the Secretary at WI Office. Tel. 01228521774.

AROUND THE WIs



An industrious
Dundraw WI
during their
June crafting
meeting



AROUND THE WIs

Gilsland Women's Institute 100th Anniversary 1923-2023



On 12th May 2024 the Gilsland Institute ladies were finally able to join for a celebratory meal to mark the wonderful achievement of reaching 100 years old. We chose Blenkinsop Castle Inn and were not disappointed. The meal and setting were superb! We had decorated the table and room, and one of the ladies had organised a lovely cake. Everyone enjoyed the get together to mark this wonderful and impressive milestone. Roll on the next 100 years!

THE NFWI ANNUAL MEETING HELD IN THE ROYAL ALBERT HALL, LONDON Cumbria Cumberland delegates and WI Advisers represented your Federation



SPEAKERS UPDATE

BOB PRICE is Chairman and Senior Miller of Acorn Bank Watermill Trust.

He has a couple of talks that may interest WI members:

Flour Power - the challenges of restoring a derelict watermill

Daily Bread - the history of grain, milling, flour and bread

All his lecture fees go to the Trust. He normally asks for £50 up to 15 miles from Penrith, a few pounds extra for mileage if more distant. Please send him an email bob@theprices.me.uk or telephone 01768 840640 for more information.

NICKI BAKER chair of Keswick Swifts would be happy to give talks to WIs.

Swifts are red-listed summer visitors from Africa who many will be familiar with.

Their rapid decline in numbers is something we can do something about - Nicki can be contacted on nicki.baker@btinternet.com to discuss.

DISCLAIMER: Re. Speakers Update. Some Speakers contact us requesting that their details be sent out to WIs.

We would point out that we issue them as suggestions and not necessarily recommendations.