

CUMBRIA CUMBERLAND FEDERATION OF WOMEN'S INSTITUTES

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Chairman: Kathleen Bowron

389

Honorary Treasurer: Ann Kirkpatrick

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COUNTY NEWS

FEDERATION CAROL SERVICE



St. MARY's & St. MICHAEL's CHURCH
CHURCH STREET
EGREMONT CA22 2AW

(Car parking at the rear of the church)

2pm SATURDAY DECEMBER 7th 2024

The Board of Trustees warmly invite you
to join them at the Federation's
Annual Service of carols and readings

Seasonal refreshments will be provided after the service

A LETTER FROM YOUR COUNTY CHAIRMAN

Dear Members,

It was encouraging to see so many of you at our Annual Council Meeting on 3rd October, thank you for coming along.

What an amazing array of talent there was with my Chairman's Challenge "I've made it I'll show it". I am so pleased I did not have to judge the winner! We realise that we did not allow sufficient time for judging and apologise for that but will bear it in mind when planning next year's event.



Katie, The Young Shepherdess was an excellent speaker who, I am sure, has a great future ahead of her. You would never have known it was the first time she had spoken in front of a live audience!

Steve certainly knew how to get us up on our feet dancing or just tapping along where we sat.

That evening Penny Coulthard and I had the pleasure of attending Uldale and Ireby WI for the celebration of the Ireby part of 100 years as a W.I. (As a newly formed W.I. they are jointly only in their primary years). Congratulations and good luck for the future.

Cockermouth W.I. celebrated their 10th Birthday at Hundith Hill hotel on Monday 7th October and I was delighted to be there. They have certainly been a very active W.I. and many local charities have benefitted from their efforts. Well done, keep up the good work.

I am looking forward to meeting lots of members at the Federation Quiz on 7th November, the Trustees Coffee Morning at Thirlmere on 16th and the Carol Service on 7th December, details of all these can be found on the following pages.

Travel safely,

Kathleen

BOARD OF TRUSTEES



FEDERATION COFFEE MORNING SATURDAY NOVEMBER 16th THIRLMERE RECREATION HALL CA12 4TH 10am to 12noon

Another opportunity to meet up with friends and members from other WIs.

Come and say Hello to the Trustees while enjoying as much tea and coffee you can drink and spoiling yourself with all the home baked scones and traybakes the Trustees bring to these Coffee Mornings.

There will be the usual selling stalls

(Christmas really is getting closer, you might find some presents that won't cost a fortune to post!)

Try to find the Christmas Hamper in Membership Support's Lucky Number boxes and of course there is always a raffle

JUST A FEW OF THE PHOTOS TAKEN AT THE FEDERATION ANNUAL CM

Irene Armstrong (Stapleton WI)

Darts Highest Score 114



Wetheral WI Team Darts Winners



Some of the amazing entries on display



The Winning Entry "I've Made It"
Cathy Dunn (Seascale WI)

200 CLUB

A big thank you to those W.I.s and members who bought tickets at the ACM. It got us off to a pretty good start but there are still a lot of numbers available. Your secretary will have received some with the County News so please ask for one. Only £12 each with 4 draws per year, each for prizes of £90, £50 and 2 at £25.

This is one of the ways in which your Trustees strive to become self-sufficient but we cannot do it alone, please support us in our efforts. Please send the appropriate section of the ticket, along with a personal cheque made payable to CCFWI for £12 to Kathleen Bowron at C.C.F.W.I. Office, 12A Clifford Court, Cooper Way, Parkhouse, Carlisle CA3 0JG or bring it along to the Coffee Morning at Thirlmere on 16th November, ready for the first draw.

Good Luck,
Kathleen

The Trustees invite WIs to apply to hold one of the four Federation Coffee Mornings in their area during 2025. Trustees will provide all the refreshments and book and pay for hiring the chosen halls.

2025 FEDERATION CALENDAR

Excellent value at £4, containing beautiful pictures of local wildlife sent in by our members, not too heavy to post and easily available at all the Federation events or collected from the office during normal open hours.

2026 FEDERATION CALENDAR

We hope you are finding "Tourist Attractions" in Cumbria to photograph for our 2026 Calendar. They must be 7" x 5" Landscape format. We would prefer to receive them digitally, but hard copy is also acceptable. Please enclose a stamped addressed envelope for their return. People included in the photograph should have given their permission. Closing date is January 9th 2025

Please mark your envelope **2026 Calendar and send to or email the office.**

ENCLOSURES

Year Book updates, Order form for 2025 County News, 200Club tickets

TO ALL SECRETARIES Could you please check monthly, that the enclosures listed in the County News match what is in your envelope. If you are missing anything, please contact the Secretary at WI Office. Tel. 01228521774.

NEWS FROM ANNE BAIRD OUR FEDERATION CLIMATE AMBASSADOR

The weather is getting colder - Please leave leaf piles for small mammals and draw your curtains at home to keep warm.

Begin to think of Christmas home-made gifts and cards and finish planting bulbs ready for spring.

If you are changing your energy supplier, please choose one that sources renewable energy.

Thanks to the fabulous handful of WIs who sent green heart squares to make a Show The Love banner - this is now a work in progress !!

CALENDAR OF EVENTS 2024

NOVEMBER	DECEMBER
7th Federation Quiz, Bigrigg & Dalston	7th Federation Carol Service Egremont St. Mary's & St. Michael's Church
16th Federation Coffee Morning,	
23rd Christmas Dabble Day, Bothel Village Hall	
30th Presidents & Secretaries Forum	

AROUND THE WIs



Poppies created by Lazonby WI 2024 for November 11th. Remembrance Day. Lazonby W.I. members President Judy Howells, Marie Armstrong, Carol Farral, Maureen Nicolson, Elaine Thomson, Pat Judson, Fay Hoy, Betty Townend and Lizzie Dugdale are just some of the many Lazonby members involved. Non member Sheila who is the St Nicholas Church organist, asked if the W.I could do a poppy drape. Sheila is astounded at what her request has produced.

Well, we are the WI after all and though it is not all Jam and Jerusalem we have some very talented craft people in our midst who will do the extra to create whatever is asked of us or help out wherever needed.

We started at the beginning of the year with a request to members to knit or crochet poppies with the idea of creating a small drape or cascade for November 2024 to hang in Lazonby Church. A cargo net 1.5 metres by 2 metres was purchased, thinking it would cut down to whatever size or shape was decided on.

The enthusiasm of members was overwhelming and soon there were 400 poppies to fix onto the cargo net. With a sketchy plan on how it should be, we set off tying the poppies on and the would be cascade was soon ruled out as the poppies started filling the net. After another month another 200 were produced making 600, more are still to come. Carol added a little flag that she fortified so we could attach it easily to the net, also creating poppies with felt green leaves to give the drape more interest.

What looks really good is the different sizes of poppies and slightly different colours that gives the drape a unique look. It will be hung from the pulpit in St Nicholas Church, Lazonby from November 1st for approximately 3 weeks and be illuminated for the service. We hope people will come into the church to see it either at the remembrance service or any day of the week as the church is open between 10am and 3pm. The drape will then be kept in the church so it can be displayed every year with Lazonby Women's Institutes love. Lazonby Women's Institute members are all very proud to contribute to Remembrance Day in this way.

WE WILL REMEMBER THEM.

AROUND THE WIs (Continued)



Embleton WI Summer Outing

Members waiting in the sunshine for the launch to take them back to Keswick after a very enjoyable afternoon tea at Lodore Falls Hotel.

PRE PLANNING BEFORE CHRISTMAS?

If your Christmas plans aren't complete until you've got a performance of Handel's Messiah in the diary then look no further than critically-acclaimed opera company Wild Arts for this year's festive fix. **Plus they are offering Women's Institute members 20% off tickets.**

Following a sell-out tour in 2023 (Opera Now, The Guardian), Wild Arts are bringing their fresh, innovative dramatisation of Handel's legendary telling of the Christmas story to Carlisle Cathedral this December.

Performing their solos from memory, star singers bring music and story to life, with staging devised by theatre and opera director Tom Morris (Breaking the Waves, Dr Semmelweis, War Horse). The musicians of the Wild Arts Ensemble, playing on instruments similar to the ones that would have been around when Handel was composing his masterpiece, are directed by Wild Arts' Artistic Director Orlando Jopling in this enthralling production.

Wednesday 11 December, 7pm

Carlisle Cathedral

Carlisle CA3 8TZ

Tickets £50 - £15. Enter online booking code WI20 to get 20% off all ticket prices. Book Now <https://wildarts.org.uk/messiah>

NEWS FROM THE SUB COMMITTEES

MEMBERSHIP SUPPORT

Forum for Presidents & Secretaries will now take place at only one venue

FEDERATION OFFICE, SATURDAY NOVEMBER 30th 2024 10am to 12noon.

£5 per person. Bookings are still being taken. Please contact Pam Jago, phone 01768 88790 or email jagopamela2@gmail.com Booking is essential.

MCS—MEMBERSHIP COMMUNICATION SYSTEM

Take advantage of a "one to one" meeting with Pam Jago, who has had first hand experience as MCS secretary for her WI. She will explain the whole process. Contact her for more details. Either phone 01768 88790 or email jagopamela2@gmail.com

MORE NEWS FROM THE SUB COMMITTEES

ARTS. CRAFTS & LEISURE

For those of you who weren't at the Federation ACM, I am the Chair of our new "Arts, Crafts and Leisure Sub Committee. We have amalgamated the "Home Crafts and Art and Leisure committees" in order to streamline the planning and running of events for you.

The target shooting took place on Saturday 12th October and our winner was Lynda Foster from Hayton WI, with a score of 158. Well done Lynda! It was good fun and we look forward to the next one.

Our Christmas Dabble Day is something to look forward to in November.

Please don't forget your entries (by 9th December) for the Team Darts.

We are in the process of planning the 2025 programme and if you have any ideas please email them to our Federation Secretary. It is so helpful for us to have suggestions from our members. Events take a great deal of organising and time and are supposed to contribute to the running of your Federation. Covering a loss is not the best use of our funds which is why some events are cancelled through lack of support. We hope, with your suggestions, that we can run more successful events in the future. We look forward to hearing from you and seeing you soon.

Thank you for your continued support.

Mandy Henderson

We are excited to offer another of our popular Dabble Days at Bothel Village Hall on Saturday 23rd November 2024 10am – 3pm

Morning Coffee/Tea and biscuits on arrival. Christmassy things to have a go at in the morning. Homemade Soup and Cakes for lunch. An afternoon of Christmas Wreath Making. The cost is £25. Please make your cheque payable to CCFWI. Apply to Kris Longshaw (kris.longshaw@gmail.com) Closing date 16th November Please give your name, any dietary requirements, institute, email and contact phone number. If you are happy to receive an email receipt, there is **no need** to send a stamped addressed envelope. I look forward to hearing from you.

Kris Longshaw

EDUCATION & PUBLIC AFFAIRS

Have you discovered some hidden gems in the side streets or paths around your town or village that would make an intriguing Quizzical Walk for everyone? We need your ideas, so that we can plan the walk for the Spring. Please contact the office and we will do our best to arrange something really special.

We hope everyone who has bought a copy of the Council Meeting Quiz sheet, will be returning it to the office (post or email) before November 11th when they will be marked to find 2 winners. Thank you for your wonderful support.

Jennifer Baker

SPEAKERS UPDATE

LEANNE FISHER is Education and Wellbeing Team Leader at Watchtree Nature Reserve which is a registered charity. They are hosting a popular Christmas event this year, with a meet and greet Santa in their woodland grotto. They are decorating the woodland space with pompoms and are looking to recruit an army of volunteers ready to make the pompoms. She wondered if there was an opportunity for WI members to help with that, or if you would like to support them by donating some double knit or chunky wool to them in festive colours? Please telephone 01228 712539 or **email** learning@watchtree.co.uk for more details.

MIKE MAPLETON would be pleased to visit WIs with his new local history talk on **Cumbrian Postal Workers** which has been popular possibly because of the current issues concerning sub postmasters/mistresses unjust treatment. For more information please contact Mike either by telephone 01900 826423 or email michaeljmapleton@gmail.com

GUIDE DOGS Rachel Adams works for Guide Dogs as a Puppy Development Advisor and wonders if any of the local WIs (or a larger gathering) would be interested in hearing about what goes into raising a Guide Dog puppy, before they go into training? The organisation is looking for puppy raisers and fosterers in the Cumbria area, but most of all she would like to raise awareness about Guide Dogs and the important training they do in puppyhood. Based in Penrith, she travels all over Cumbria to visit existing pups and would be happy to bring along one or two so people could see what are trained and of course, say hello.

Email address rachel.adams@guidedogs.org.uk or phone 0776078971

JO TAYLOR volunteers for the Great North Air Ambulance Service and has been tasked with contacting groups to enquire about coming along to do a talk about the life-saving work the GNAAS do. Covering a large area of the North East and North West including Cumbria, which many WI branches will be within. Purely a charity based life-saving service they are looking to get their name out there to heighten awareness of their work and what's needed to continue doing what they do - which is saving lives. Please contact Jo by email jdixon300@gmail.com or phone 07798725296 who will pass your details to the team of Community Fundraisers.

LORRAINE PRIESTLEY is happy to visit WIs and demonstrate **Encaustic Art**. (painting with beeswax using a travel iron) and also other uses of beeswax, to Federation members.

Being a keen member of Carlisle Beekeepers Association, Lorraine is also happy to talk about bees and beekeeping. She lives near Annan and keeps her bees in the garden. Please contact Lorraine for more information. Her phone number is 07752904572 and email lorraine priestley@btinternet.com